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| <b>Community Healthlink<br/>Policy and Procedure Manual</b>           |                               |                                |
| <b>Section:</b> 7. Clients' Rights                                    | <b>Policy Number:</b> 7-14-01 | <b>Effective Date:</b> 4/22/14 |
| <b>Title:</b> Use of Positive Alternatives to Behavioral Intervention |                               | <b>Review Date:</b> 5/11/17    |
| <b>Scope:</b>   |                               | <b>Originated:</b> 4/22/14     |
| <b>References:</b> CARF Behavioral Health 2.A.13                      |                               |                                |
| <b>Revision:</b> 8/25/2015, 5/11/17                                   |                               |                                |

**Purpose:** The purpose of this policy is to affirm Community Healthlink's commitment to creating and maintaining a safe environment for all using positive alternatives to behavioral interventions.

**Definitions:** For the purpose of this policy, behavioral interventions are defined as restraint(s) and seclusion

**Policy:**

CHL staff use positive approaches to create a safe environment for all. Behavioral interventions are used when allowed by program policy and necessary to maintain safety of persons.

**Responsibility: All staff and clients.**

**Procedure:**

1. Each client will be informed of this policy at the beginning of service.
2. Staff promote safety at all times in their work with clients and engage clients in this work as well.
3. Staff use positive approaches to engage clients in working together to maintain a safe environment.
4. Staff build positive relationships with clients.
5. Staff promote de-escalation and engage clients in this work.
6. Staff promote clients' self-management of their behavior.
7. Program managers/directors maintain a focus on safety and client engagement in their programs.
8. Supervisors, program managers/directors, and division directors assess staff knowledge and skills in positive approaches to the program's use of behavioral interventions and provide for training as needed.
9. The use of mechanical, chemical restraint, and seclusion is prohibited in CHL programs.
10. The use of physical restraint is allowed in CHL programs when programs have written procedures for the use of restraint, when these procedures have been approved by the Clinical Policies and Operations Committee, and when the restraint is implemented by staff who has/have current certification in the use of restraint.
11. Written procedures for the use of restraint must be approved by the Clinical Policies and Operations Committee.

**Programs with approved policies on the use of physical restraint:**  
Burncoat Family Center